**ABSTRACT FORMATING INSTRUCTIONS**

Title: In bold title case, Maximum **20** words

(New line)

**Author(s**): Initials with full point followed by surname. Put each author on the same line but separate each authors with a comma

**Affiliation(s):** Department, institution, city, state, country. If there is more than one affiliation for the authors, each one should be separated with semicolon and preceded by a number (the same number should appear superscript after the comma after the relevant author name).

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**Text:** Maximum **400** words. For studies use a structured approach with bolded subheadings (objective/aim, methods, results, conclusion, and discussion). The text should run on from the bolded subheadings after a colon (also bolded).

**References**: cite in text as ^+^. List on separate lines preceded by the relevant number. Use Vancouver style. A maximum of four references can be included.

**Tables:** One table can be included with each abstract and the table should not contain more than 4 columns and 10 rows. Please prepare the table in "table format" rather than using tab or indent commands. Do not format using word spaces

**Figures:** These cannot be included.